



NORTHOLMES JUNIOR SCHOOL

Believe.....Achieve.....Succeed



Primary PE & Sport Premium Impact Poster 2020 - 2021

Staff CPD involved INSET day training in support of active play, children having at least 45 minutes of active play during each school day. Staff received training and lesson support through video sharing which was successful in raising confidence and enjoyment.

Yoga has continued its development in school. 17 targeted students were involved in yoga sessions for mindfulness, awareness, self confidence and stress relief. **Change for Life** has continued. 47 targeted students across all year groups were involved in C4L.

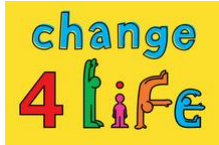
Virtual competitions and online activity home movers became a part of our PE experience:

- Tri-Golf = 71 students
- Dance = 11 students
- Cross Country = 68 students
- Jumps Challenge = 34 students
- Fitness = 141 students
- Winter Olympics = 39 students
- Sports day = 143 students
- Online home movers = 95 students

Our '**PE for all**' mass participation approach saw that 90% of our most vulnerable students attended a physical activity club either in school or outside of school.

Awarded **School Games** GOLD award, maintained status from previous year due to Covid19. We completed our Active Sussex Dashboard and Health Check. We also received our School Games Virtual award.

Equipment & resources - a drive for the introduction of alternative activities has allowed us to purchase new equipment to broaden the PE curriculum, this has involved new planning to include mental wellbeing strands.



5 activities were offered as **extra-curricular clubs** this year across both upper and lower schools. Football, tennis, dance, multi-sports and archery. 111 students in total attended. (73%)

